



Neath Port Talbot Council

Early Years Training Menu (0-5 year old's)

Inclusion & ALN

Early Years Inclusion & ALN Training Menu

September 2023- August 2024

This training menu is available to all practitioners working with 0-5 year olds. Please check the description on each course before booking.

All courses can be booked following the link or QR code at the bottom of the document. Please note some courses may need to be booked a different way – this will be stated on the course details.

Courses may change or be added throughout the year. You will be updated to any changes. Changes midway through the academic year will be highlighted in yellow to reflect the new date.

Once a course has been booked you will receive a confirmation within 2 weeks - if you are unsure, please always check your junk email box in the first instance. If you do not receive confirmation, please query with eyaln@npt.gov.uk


Please note, some courses are offered on a limited capacity. We appreciate that sometimes you may no longer be able to attend, please contact eyaln@npt.gov.uk in these instances so your space may be offered to others.

Course name	Detail	Date & Time	Where	Team name	How to book
<i>Autumn term : September – December 2023</i>					
Person Centred Practices Overview for Childcare Managers	<i>This course will support managers / leaders within the setting to implement person centred practices. The training provides participants with key tools and an action plan to take back to setting to share with staff members.</i>	Part 1 – 30th Nov 23 9.30-11.30am Part 2 – 14 th Dec 23 9.30am-12pm	Online – Microsoft Teams	ALN Team	Link below https://forms.office.com/r/Z287K4hrG1
Window of Tolerance and the 3R's - Regulate, Relate & Reason	<i>Helping children and staff to learn the signs of being hyper-aroused or hypo-aroused, and then doing things that help them feel calm and safe again, return to what Dan Siegel calls the Window of Tolerance.</i> <i>Children can't learn to regulate if they are left alone in their distress. Helping very young children recognise and name their feeling states while they still rely on you to regulate them is an important step</i>	6 th November 9.15-12pm	Online – Microsoft Teams	EY Educational Psychologist & OT Naomi Erasmus	Link below https://forms.office.com/r/Z287K4hrG1

	<i>in the milestone of emotional self-regulation.</i>				
Introduction to Sensory Integration & EY Sensory Toolkit	<i>The training will include a brief overview of sensory integration, early years development and regulation strategies. This training will give suggestions on how to create a pack of resources designed to support children to develop and regulate. The training will help staff identify which piece of equipment to use based on the child's needs and in the context of each situation, for the packs to be utilised in the best possible way.</i>	December 7 th	Online – Microsoft Teams	Occupational Therapy (OT) – Integration Project Emma Bowen	Link Below https://forms.office.com/r/Z287K4hrG1
Movers & Creators	<i>This training will help develop your understanding on early child development. It will highlight the different types of movement and play opportunities that are needed to help a child develop and grow. This will include strategies to help develop co-ordination, fine and gross motor skills alongside a child's sensory development.' You will be provided with a free 'Mover and Creators' activity book which will support you with lots of useful</i>	22 nd November Time TBC	Online – Microsoft Teams	Occupational Therapy (OT) – Integration Project Emma Bowen	Link Below https://forms.office.com/r/Z287K4hrG1

	<i>and fun ideas in your provision to integrate into themed / topic learning.</i>				
Child Led Play	<i>This course will take a look into what is child led play and how we can support it. This course will introduce some approaches that work alongside child led play, such as the In The Moment approach.</i>	9 th Nov 2023 9:30am – 12:30pm	Online Microsoft Teams	ALN Team Assistant EP Elin Wiltshire Jess Lewis Sam Morgan	QR Code https://forms.office.com/r/Z287K4hrG1
Supporting Young Children Who Stammer	<i>The training course will cover:-</i> <ul style="list-style-type: none"> • <i>What is stammering?</i> • <i>Why does stammering happen?</i> • <i>The relationship between stammering and language development</i> • <i>How and when should staff refer?</i> • <i>Adults as agents of change</i> • <i>Holistic intervention</i> • <i>Supportive daily interaction strategies</i> • <i>Q and A Opportunity</i> 	10-12 Tuesday 7 th November	Online – Microsoft Teams	Claire Hayes-Bidder Clinical Lead Stammering	Link Below https://forms.office.com/r87K4hrG1
Digital Stories	<i>Digital Stories are short child centred videos that showcase a child's strengths, interests, and likes. The digital stories can be</i>	Date TBC	Online – Microsoft Teams	Please contact l.roberts@npt.gov.uk for more information	l.roberts@npt.gov.uk

	<p><i>shown, for example, during a transition meeting or child centred review to ensure the child's voice is heard. Although digital stories require a tablet device to film, during the training we can discuss how your setting could you aspects of the training to support children's transition and one page profiles.</i></p>				
Communication Partner Training	<p><i>Individuals signposted to access training as they support individuals who communicate expressively using AAC (Key word sign, communication boards, VOCAs) Classroom practitioners will increase their knowledge of how to be an effective communication partner to children and young people using AAC.</i></p> <ul style="list-style-type: none"> • <i>What makes an effective communication partner?</i> • <i>What to expect when communicating with a child or young person who uses AAC?</i> • <i>What we mean by a visual vocabulary and how to help children to</i> 	TBC	Online – Microsoft Teams	Emma-Louise Austin – SBU Speech and Language Therapy	<p>Link Below https://forms.office.com/r/Z287K4hrG1</p>

	<p><i>expand their visual vocabulary?</i></p> <ul style="list-style-type: none"> • Modelling – core vocabulary board, communication book, go-talk • <i>Getting to know how an individual communicates – importance of a Communication Passport/Dictionary</i> •  <i>Communication Access symbol</i> 				
Sensory Support Strategies	<p><i>During the session you will experience first-hand a range of strategies to support pupils with sensory needs. This will include a range of strategies including atmospherics, communication and touch, Multi - sensory massage, massage stories and more. All are known strategies to help to regulate pupils, develop communication skills, promote sensory tolerances and promote positive wellbeing for the child.</i></p>	6 th Dec 10am-12pm	Maes y Coed	Emma Payne & Cath Tucker	Link below https://forms.office.com/r/Z287K4hrG1
EY ALN Lead Practitioner Training –	<p><i>Termly session for Childcare ALN Lead Practitioners</i></p>	23 rd Nov 2023	On Microsoft Teams	ALN Team EY EP Team	link below https://forms.office.com/r/Z287K4hrG1

Autumn Term 2023		9.15am-12pm			
Nourishing Relationships	<i>We will share some of the psychology/theory behind attachments. We will explain how this is just part of the picture – context matters! We will explore what helps to support adult-child interactions and relationships. We will share ideas for supporting caregiver/child wellbeing – the foundations for above! We will provide some real-life practical examples and hints/tips.</i>	22 nd Nov 10am-2pm	Training Room 2 BTEC	Abigail Wright EY EP	Link below https://forms.office.com/r/Z287K4hrG1
Communicating with Caregivers	<i>By the end of the workshop it is hoped that participants will have:</i> <ul style="list-style-type: none"> · <i>Increased understanding of the importance of effectively initiating early conversations with primary caregivers.</i> · <i>Developed awareness of some of the thoughts, feelings and perceptions that primary caregivers might experience when we communicate with them.</i> · <i>Feel better equipped to engage in initial conversations about a child's strengths and needs, to support their development (we will chat</i> 	14 th Dec 1.30-4.30pm	Neath Civic Centre Room C	Abigail Wright EY EP	Link below https://forms.office.com/r/Z287K4hrG1

	<p><i>through a 4 stage model that could support this).</i></p> <ul style="list-style-type: none"><i>· Ideas about where they can access further information/support to enhance communication and conversation with caregivers.</i>				
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Course name	Detail	Date & Time	Where	Team name	How to book
Spring Term : January – March 2024					
An Introduction to supporting children who have Cerebral Palsy	<i>An introduction into the different types of cerebral palsy, how this presents in an individual and impacts on engagement and daily function and how we can best support and aid the development of the children we work.</i>	5 th February 2024 10.30-12pm	Online/ Microsoft Teams	Occupational Therapy Emma Bowen	Link below https://forms.office.com/r/Z287K4hrG1
3 R's	<u>Window of Tolerance and 3 Rs (Regulate, Relate, Reason)</u> <i>Helping children and staff to learn the signs of being hyper-aroused or hypo-aroused, and then doing things that help them feel calm and safe again, return to what Dan Siegel calls the Window of Tolerance.</i> <i>Children can't learn to regulate if they are left alone in their distress. Helping very young children recognise and name their feeling states while they still rely on you to regulate them is an important step in the milestone of emotional self-regulation.</i>	26 th February 9.15-12pm	Online/Microsoft Teams	EY Educational Psychologist & OT Naomi Erasmus & Emma Bowen	Link below https://forms.office.com/r/Z287K4hrG1

<p>Social Communication Difficulties and Autism within the Early Years.</p>	<p><i>An basic overview of what is Autism the signs and symptoms when considering Autism and how can we support children that have these difficulties in our settings aimed at the EY's.</i></p>	<p>Tuesday 16th January 9-12pm</p>	<p>Online Microsoft Teams</p>	<p>SFL Communication and Autism Team</p>	<p>Link Below https://forms.office.com/r/Z287K4hrG1</p>
<p>The Role of the Key Worker</p>	<p><i>The course will demonstrate the importance of the role of the key adult in supporting the development of a child, especially a child with emerging/significant needs. The training will outline how an effective key adult can be in supporting the child and their parents through their Early Years journey.</i></p>	<p>23rd January 9.15am-11am</p>	<p>Online – Microsoft Teams</p>	<p>ALN Team & Childcare Team Hannah Williams Samantha Morgan June Gardner</p>	<p>Link below https://forms.office.com/r/Z287K4hrG1</p>
<p>Digital Stories</p>	<p><i>Digital Stories are short child centred videos that showcase a child's strengths, interests, and likes. The digital stories can be shown, for example, during a transition meeting or child centred review to ensure the child's voice is heard. Although digital stories require a tablet device to film, during the training we can discuss how your setting could you aspects</i></p>	<p>Register interest</p>	<p>Online – Microsoft Teams</p>	<p>Please contact l.roberts@npt.gov for more information</p>	<p>Eyaln@npt.gov.uk</p>

	<i>of the training to support children's transition and one page profiles.</i>				
Developing Joint Attentional Skills	<i>Aims: To develop an awareness of the developmental trajectory of attentional skills; To develop an awareness of difficulties in developing attentional skills; To explore possible reasons for difficulties in developing attentional skills; and Offer ideas and strategies for children who need support in this area.</i>	Register interest	Online- Microsoft Teams	Claire Prosser, Early Years Educational Psychology	Link Below https://forms.office.com/r/Z287K4hrG1
Sensory Support Strategies	<i>During the session you will experience first-hand a range of strategies to support pupils with sensory needs. This will include a range of strategies including atmospheric, communication and touch, Multi - sensory massage, massage stories and more. All are known strategies to help to regulate pupils, develop communication skills, promote sensory tolerances and promote positive wellbeing for the child.</i>	Feb 28 th 10am-12pm	Maes y Coed	Emma Payne & Cath Tucker	Link Below https://forms.office.com/r/Z287K4hrG1
One Page Profile Training	<i>This training will support you to start to develop One Page Profiles</i>	March 20 th 9.30-4pm	In person – Taibach	ALNSS	Link Below

	<i>for Early Years children within your setting. It will show you how to use Person Centred Tools to support you to gather the information.</i>		community centre		https://forms.office.com/r/Z287K4hrG1
Communicating with Caregivers	<p><i>By the end of the workshop, it is hoped that participants will have:</i></p> <ul style="list-style-type: none"> • <i>Increased understanding of the importance of effectively initiating early conversations with primary caregivers.</i> • <i>Developed awareness of some of the thoughts, feelings and perceptions that primary caregivers might experience when we communicate with them.</i> • <i>Feel better equipped to engage in initial conversations about a child's strengths and needs, to support their development (we will chat through a 4-stage model that could support this).</i> • <i>Ideas about where they can access further information/support to enhance communication and conversation with caregivers.</i> 	March 21 st 1-3pm	Online Microsoft Teams	EPS – Abigail Wright	<p>Link below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>
Nourishing Relationships	<i>We will share some of the psychology/theory behind attachments</i>	29 th February 10-4pm	Neath Civic Centre Room C	EPS – Claire, Abi, Jess and Molly	<p>Link Below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>

	<p><i>We will explain how this is just part of the picture – context matters!</i></p> <p><i>We will explore what helps to support adult-child interactions and relationships</i></p> <p><i>We will share ideas for supporting caregiver/child wellbeing – the foundations for above!</i></p> <p><i>We will provide some real-life practical examples and hints/tips</i></p>				
EY ALN Lead Practitioner Training – Spring Term 2024	<p><i>Termly session for Childcare ALN Lead Practitioners</i></p>	<p>15th March</p> <p>9.30-3pm</p>	<p>Princess Royal Theatre</p>	<p>ALN Team</p> <p>EY EP Team</p> <p>OT</p>	<p>link below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>
Optimising the use of sensory rooms in settings	<p>This workshop will look at practical set ups of a Sensory Room in the setting. Participants will consider:</p> <ul style="list-style-type: none"> • Our senses • Why we use a sensory room • How to get the most out of a sensory room • Childrens regulation • How to identify ‘overload’ in children • Practicality & Safety in a sensory room 	<p>22nd Feb</p> <p>10.30-12pm</p>	<p>Online Microsoft Teams</p>	<p>Occupational Therapy</p> <p>Emma Bowen</p>	<p>Link below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>

Course name	Detail	Date & Time	Where	Team name	How to book
Summer Term : April- July 2024					
Supporting Hearing Loss and Learning in the Early Years	<ol style="list-style-type: none"> 1. Understand what is meant by hearing loss. 2. Understand the signs of deafness. 3. Have an awareness of the hearing technology children may use. 4. Explain how deafness can impact learning. 5. Know how best to support a deaf child in the early years. 	Tuesday 18 th June 9.30-12 pm	Port Talbot Civic Centre – Room 241	Hearing Support Service Claire Folland & Leanne Sandry	Link below https://forms.office.com/r/Z287K4hrG1
Early Years – Understanding and Including Visually Impaired (VI)	<i>Want to know more about visual impairment and what to look out for or how to include learners and make their setting Vision Friendly.</i>	Friday 19 th July 9.30-10.20	Online Microsoft Teams	Hannah Player (Specialist Teacher Visually Impaired)	Link Below https://forms.office.com/r/Z287K4hrG1
Social Communication Difficulties and Autism within the Early Years.	<i>A basic overview of what is Autism the signs and symptoms when considering Autism and how can we support children that have these difficulties in our settings aimed at the EY's.</i>	Monday 13 th May 9-12am	Online Microsoft Teams	SFL Communication and Autism Team	Link Below https://forms.office.com/r/Z287K4hrG1
AAC	<i>Augmentative and Alternative Communication (AAC) is a range of strategies and tools to help children who are having difficulties communicating using speech. These may be simple letter or picture boards</i>	Tuesday 30 th April 9:30-11:30	Online Microsoft Teams	Emma-Louise Austin (Speech and Language Therapist)	Link Below https://forms.office.com/r/Z287K4hrG1

	<p><i>or computer-based systems. AAC helps someone to communicate as effectively as possible, in as many situations as possible.</i></p> <p><i>This will be a practical session on how to support EY speech, language and communication through a variety of media. Including how to use visual support and technology alongside inclusive learning practise.</i></p>				
Communication Partner Training	<p><i>To increase knowledge of how to be an effective communication partner to children and young people using AAC</i></p>	Register interest	Online Microsoft Teams	Emma-Louise Austin (Speech and Language Therapist)	<p>Link Below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>
Early Years Staff: Stammering	<p><i>The training course will cover:-</i></p> <ul style="list-style-type: none"> • <i>What is stammering?</i> • <i>Why does stammering happen?</i> • <i>The relationship between stammering and language development</i> • <i>How and when should staff refer?</i> • <i>Adults as agents of change</i> • <i>Holistic intervention</i> • <i>Supportive daily interaction strategies</i> • <i>Q and A Opportunity</i> 	Register Interest	Online – Microsoft Teams	<p>Speech and Language Therapy</p> <p>Claire Hayes Bidder</p>	<p>Link Below</p> <p>https://forms.office.com/r/Z287K4hrG1</p>

Digital Stories	<i>Digital Stories are short child centred videos that showcase a child's strengths, interests, and likes. The digital stories can be shown, for example, during a transition meeting or child centred review to ensure the child's voice is heard. Although digital stories require a tablet device to film, during the training we can discuss how your setting could you aspects of the training to support children's transition and one page profiles.</i>	Register interest	Online – Microsoft Teams	Please contact l.roberts@npt.gov.uk for more information	l.roberts@npt.gov.uk
Sensory Support Strategies	<i>During the session you will experience first-hand a range of strategies to support pupils with sensory needs. This will include a range of strategies including atmospheric, communication and touch, Multi - sensory massage, massage stories and more. All are known strategies to help to regulate pupils, develop communication skills, promote sensory tolerances and promote positive wellbeing for the child.</i>	June 19 th 10am-12pm	Maes y Coed	Emma Payne & Cath Tucker	Link Below https://forms.office.com/r/Z287K4hrG1
Make, Create & Laminate resources	<i>This isn't a course on how to use a laminator but what we can make to</i>	May 16 th 1-3pm	BETC	Alison Davies ASD Team	Link Below

to support EY children with ALN	<i>support children in settings a practical look, make and do session.</i> <i>Create resources to support communication.</i>				https://forms.office.com/r/Z287K4hrG1
One Page Profiles	<i>This training will support you to start to develop One Page Profiles for Early Years children within your setting. It will show you how to use Person Centred Tools to support you to gather the information.</i>	May 20 th 9.30-4pm	Neath Civic Centre rooms A/B	ALNSS	Link Below https://forms.office.com/r/Z287K4hrG1
Introduction to emotional regulation within the Early Years	<i>Early years children need support to regulate their emotions from a trusted adult who can co-regulate their emotions with them. In this training we talk about why early years children need support with their emotional regulation and share hints and tips around how you can support them during wobbly moments. We hope to then develop your understanding of how we can support children to co-regulate their emotions with adults through practical activities and sharing best practice.</i>	April 22 nd 9:30 -4pm	TBC	EY ALN Team & Assistant Education Phycologist	Link Below https://forms.office.com/r/Z287K4hrG1
An Introduction to Child Led Play Approaches to	<i>This course takes a look into what is child led play and how we can support it. This course will introduce some</i>	Register interest	Online Microsoft Teams	ALN Team Assistant EP	Link below https://forms.office.com/r/Z287K4hrG1

Support Children with Emerging Needs	<i>approaches that work alongside child led play, such as the In The Moment Approach.</i>			Jo-Anne Tumelty Molly McGiveron Sam Morgan	
Relationship Based Play Training	<i>The aim of this training is to develop an understanding how Relationship Based Play can help support a child to build relationships through natural patterns of healthy interaction, support a child with co-regulation and self-regulation and enhance self-esteem. The Training will also support the adult to support the child with their non-verbal communication skill, engagement level and help to develop a sense of proximity and spatial awareness.</i>	Register interest	In person	ALNSS	Link Below https://forms.office.com/r/Z287K4hrG1
EY ALN Lead Practitioner Training – Summer Term 2024	<i>Termly session for Childcare ALN Lead Practitioners</i>	4 th July 2024 9.30-3pm	TBC	ALN Team EY EP Team	link below https://forms.office.com/r/Z287K4hrG1
An Introduction to Inclusive Communication	To develop an understanding of communication development; To develop an awareness of different ways of communicating; To provide strategies which help to create an	Register Interest	TBC	EY EP SBUHB SALT SFL	Please use this link to book: https://forms.office.com/r/Z287K4hrG1

	environment which provides communication opportunities for all.				
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